



NOW SERVING FRESH DRAMA

## Abe and Sarah at Lamaze

By Teri Kistler

### CAST: 1 male, 1 female

**Abe:** Older gentleman, wears contemporary clothing.

**Sarah:** Older woman, contemporary clothing; she's very pregnant.

### RUN TIME: 7 minutes

### PROPS

- Yoga mat
- Pillow
- Net bag with tennis balls, and Lamaze recommended items

### STORY

The arrival of a baby is stressful enough for any parent, but imagine what it was like for Abraham and Sarah, both in their nineties. This modern-day retelling of their story sees the elderly couple arriving for Lamaze class. Abraham is excited, and Sarah can't wait for it to be over. And they're about to find that the "birth of a nation" is even sooner than they anticipated.

### THEMES

Faith. Abraham and Sarah. Parenting. Childbirth.

## Abe and Sarah at Lamaze

(ABE and SARAH enter carrying a yoga mat, pillow and net bag containing items for Lamaze instruction: tennis balls, visualization object and so on. ABE seems more eager than SARAH about the class.)

SARAH

I don't believe this.

ABE

Oh, you'd better believe it.

SARAH

Here.

(SARAH hands ABE the pillow she's carrying.)

I can't carry this any longer.

ABE

(Speaking to her stomach)

You hear that, little one? Mighty beginning of a vast nation? Your mother can't carry you much longer.

(Beat)

Do you think we remembered everything?

SARAH

Everything on the list.

ABE

Whatever would we need tennis balls for?

SARAH

I have no idea.

ABE

How fast do you think we can learn all this?

SARAH

A crash course in natural childbirth. Who's ever heard of such a thing?

ABE

But he could come any day now.

SARAH

What if "he" is a "she," have you asked yourself that?

ABE

Bite your tongue.

SARAH

Because I tell you right now, I will not be doing this again.

ABE

It's a boy. God said so Himself.

SARAH

And I overheard that conversation. But neither of us has the best hearing nowadays.

ABE

There is nothing wrong with my hearing. It will be a son.

SARAH

(Gesturing to class members as they set out the mat)

Look at them, would you? They're babies. Babies having babies: that couple there, he's twenty-six if he's a day, and she's maybe twenty-four. Young. Young. Young. What's the world coming to, I ask you —

ABE

(Patting her stomach)

— Shh. Don't get so worked up. You know it's not good for ... well, for your heart. Besides, this is all just another proof of our little miracle.

SARAH

Abe, if you say one more word ... This faith of yours ...

ABE

Lighten up, sweetie-pie.

(Looking around at class)

It's exciting, isn't it? They have no idea they are in the presence of the beginning of a nation ... a miraculous mystery!

SARAH

I think they'll see the mystery. They'll just look at me and laugh. I know I have! There they go staring again. As if the front page of the Bethel Enquirer weren't enough. "Baby-bump" my eye!

(ABE helps SARAH settle into position on the mat with the pillow.)

I told you I didn't want to come.

ABE

Now, snookums, we agreed. All natural.

SARAH

I'm ninety, you old coot! I'm thinking you sell a couple of sheep and spring for an epidural.

ABE

Is that what you're worrying about? The Lamaze brochure insists the breathing exercises help manage the pain.

SARAH

I laugh!

**END OF SAMPLE**

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